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ABSTRACT

This document begins with a checklist of 13 behaviors that people with learning disabilities may exhibit. It includes a guide for assessing the problem and a list of 27 publications, 15 national organizations, 5 national clearinghouses, 6 sources of basic/remedial education, sources of education and training opportunities and financial aid, 13 life management programs, and employment options. Publications include a description of the contents, publication date, address and phone number of vendor, and cost. Related publications and a list of toll-free numbers are included. (NLA)

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HEATH Resource Center

A PROGRAM OF
THE AMERICAN COUNCIL ON EDUCATION

NATIONAL CLEARINGHOUSE ON POSTSECONDARY EDUCATION FOR INDIVIDUALS WITH DISABILITIES

RESOURCES FOR ADULTS WITH LEARNING DISABILITIES

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A Publication of the HEATH Resource Center
American Council on Education, One Dupont Circle,
Suite 800, Washington, DC 20036-1193

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RESOURCES FOR ADULTS WITH LEARNING DISABILITIES

When adults suspect that they may have a learning disability, or that someone they care about does, they need information about what to do next. What will help identify and describe their patterns? How can they move forward in their lives? HEATH staff, in cooperation with knowledgeable adults with learning disabilities and members of our Advisory Board and Resource Panel, have selected several types of resources to assist adults with learning disabilities to identify their strengths and overcome their weaknesses so that they can become productive and lead satisfying lives.

Resources for Adults with Learning Disabilities begins with a brief *checklist* of behaviors which people with learning disabilities may exhibit, and includes a guide to *assessing the problem*, and a variety of *publications, national organizations, national clearinghouses, education and training opportunities, and employment options*. Related publications available from HEATH and a list of the key toll-free numbers are at the end of this publication.

LEARNING DISABILITY—A CHECKLIST

Educational psychologists, psychological diagnosticians, and neurologists are usually consulted to assess the degree of disability and to determine strengths, weaknesses and learning styles for future development. Informed observation, however, may assist friends, parents, counselors, and teachers to suggest and encourage professional assessment. Professionals indicate that a person with a learning disability may exhibit several or many of the behaviors listed below.

- Demonstrates marked difficulty in reading, writing, spelling and/or using numerical concepts in contrast with average to superior skills in other areas.
- Has poorly formed handwriting—may print instead of using script; writes with inconsistent slant; has difficulty with certain letters; spaces words unevenly.
- Has trouble listening to a lecture and taking notes at the same time.
- Is easily distracted by background noise or visual stimulation; difficulty in paying attention; may appear to be hurried and anxious in one-to-one meetings.
- Has trouble understanding or following directions; is easily overwhelmed by a multiplicity of directions or over stimulation; may not understand information the first time it is given and may need to have it repeated.
- Confuses similar letters such as b and d, or p and q; confuses the order of letters in words repeating was for saw, teh for the; may misspell the same word several different ways in the same composition.
- Omits or adds words, particularly when reading aloud.
- Confuses similar numbers such as 3 and 8, 6 and 9, or changes the sequence of numbers such as 14 and 41; has difficulty copying numbers accurately and working with numbers in columns.
- Exhibits severe difficulty in sticking to simple schedules; repeatedly forgets things, loses possessions, and generally seems "personally disorganized."
- Appears clumsy or poorly coordinated.
- Seems disorganized in space—confuses up and down, right and left; gets lost in buildings; is disoriented when familiar environment is rearranged.
- Displays excessive anxiety, anger or depression because of the difficulty in coping with school or social situations.
- Misinterprets the subtleties in language, tone of voice, or social situations.

[Checklist adapted from GWU (George Washington University) **Access**, Spring 1983.]

RESOURCES
FOR
ADULTS WITH
LEARNING DISABILITIES

1991-1992

HEATH Resource Center
American Council on Education
One Dupont Circle, Suite 800
Washington, DC 20036-1193

RESOURCES FOR ADULTS WITH LEARNING DISABILITIES 1991-1992

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ASSESSING THE PROBLEM

Those concerned about learning disabilities can begin to find assistance by having an assessment of the condition by a qualified professional. An assessment includes a diagnosis and an evaluation to decide on possible choices for treatment.

The **diagnosis** identifies the type of specific learning disability by showing strengths and weaknesses in the way an individual learns and uses information. Both informal and formal activities are used in the process.

An **evaluation** can then be offered, suggesting ways to overcome some of the effects of the disability. This may include strengthening skills by working with someone who takes into account the way the individual learns best.

A **qualified professional** is trained to conduct assessments. Often the professional has been certified to select, perform, and interpret a variety of neurological, psychological, educational, and vocational assessment instruments.

Until recently, it was not widely recognized that learning disabilities have influenced the lives of adults, especially those whose conditions were not diagnosed during school years. Therefore, most assessments were designed to help in the special education of children.

It is now clear that adults should be evaluated in a manner related to their age, experience, and career objectives.

Locating a Diagnostician

In addition to the resources listed in this publication, there are agencies in most nearby local areas that can refer inquirers to a diagnostician or professional qualified to do an assessment appropriate for adults.

Check your telephone directory for the following:

- Adult Education in the public school system
- Adult Literacy programs or Literacy Councils
- Learning Disability Association, often listed with the name of the city or county first.
- Community Mental Health Agency
- Counseling or Study Skills Centers at local college
- Guidance Counselors in high school
- Educational Therapists or Learning Specialists in private practice
- Orton Dyslexia Society
- State Vocational Rehabilitation Agency
- University-Affiliated Hospitals
- Special Education Department in university

Questions to Ask

- How long will the assessment take?
- What does the assessment cover?
- Will there be a *written* and an oral report of the assessment?
- Will the report make recommendations about where to go for immediate help?
- What is the cost? What does the cost cover?
- What are possibilities and costs for additional consultation?
- Can insurance cover the costs? Are there other funding sources? Can a payment program be worked out?

PUBLICATIONS

Books, Pamphlets, Articles, Videos

Adult Basic Education and General Educational Development Programs for Disabled Adults: A Handbook for Literacy Tutors and Instructors, Library for the Blind and Physically Handicapped (1987). The **Handbook** is available from the Free Library of Philadelphia, 919 Walnut Street, Philadelphia, PA 19107. (800) 222-1754 (PA). (215) 925-3213.

Adult Learning (October 1990) This entire issue contains articles relevant to adults with special learning needs. To get copies of this back issue enclose a check for $7.50 to American Association for Adult and Continuing Education, 1112 16th Street, NW, Suite 420, Washington, DC 20036. (202) 463-6333.

Adults with Learning Disabilities: An Overview for the Adult Educator, by Jovita M. Ross-Gordon (1990), is a comprehensive manual for the adult educator as well as the special educator who serves the young adult with learning disabilities. Available for $7 from Center on Education and Training for Employment, Center Publications, 1900 Kenny Road, Columbus, OH 43210-1090. (614) 292-4353, (800) 848-4815.

The Bottom Line: Basic Skills in the Workplace, U.S. Department of Education and Labor (1988). This pamphlet discusses the issues of meeting basic literacy in the workplace, identifying literacy needs, and meeting them within the context of employment. The pamphlet includes a resource section for additional readings. **The Bottom Line** is available free from the Office of Public Information, Employment and Training Administration, U.S. Department of Labor, 200 Constitution Ave., NW, Room 52307, Washington, DC 20210. (202) 535-0236.

Campus Opportunities for Students with Learning Differences—2nd Edition (1991-92), by Judith M. Crocker, addresses high school students with learning disabilities and their parents as they take necessary steps in secondary school years to be ready to apply for college. **Campus Opportunities** is available by prepaying $3 to Octameron Associates, P.O. Box 3437 Alexandria VA 22302. (703) 836-5480.

"Can't Read, Write or Add: The Secret Hell of Millions of Americans," Judith Kelman, **Glamour Magazine** (April 1987) is a brief treatment of issues facing the adult with undiagnosed learning disabilities and how being diagnosed can change one's life. Consult the local public library to obtain a copy.

"Dyslexic Students Possess the Characteristics of Self-Awareness and Deliberation That Are Hallmarks of a Liberal Education," Robert Shaw, **The Chronicle of Higher Education** (September 19, 1990) the article addresses how students and faculty can learn from one another by addressing the need of the student when academic accommodations are needed. Consult your local public or university library to obtain a copy.

GED Test Accommodations for Candidates with Specific Learning Disabilities, is a publication that describes the policies and procedures for obtaining special accommodations on the GED Tests. The booklet also discusses the GED Tests, rationale for the GED policy on special accommodations, and definitions of specific learning disabilities. This pamphlet is available free from the GED Testing Service, Special Testing, One Dupont Circle, Washington, DC 20036. (202) 939-9490.

Improving Social Skills: A Guide for Teenagers, Young Adults, and Parents (1989) by Neil Sturomski, Lois M. Myer, Lucy Trivelli and Jackie Rooney is a curriculum for the young adult with a learning disability to teach appropriate social skills and provide practice to overcome related behavior problems. This curriculum is available free by request to Learning Disabilities Project, Interstate Research Associates, Inc., 7926 Jones Branch Drive, Suite 1100, McLean, VA 22102. (703) 893- 6061.

Learning Disabilities, Graduate School, and Careers. The Student's Perspective (1990), by Pamela B. Adelman (Barat College) and Carol

T. Wren (DePaul University), informs the reader about the transition from college to graduate school or a career. In addition to the handbook, a pamphlet called **Employers Guide to Learning Disabilities**, by Susan Little (Illinois Department of Human Rights) is attached. This is designed to assist employers who wish to comply with Americans with Disabilities Act (ADA). Both are available for $3 from the Learning Opportunities Program, Barat College, 700 Westleigh Road, Lake Forest, IL 60045. (708) 234-3000.

"Psychotherapeutic Issues for the Learning Disabled Adult," **Psychology Today** (1986), by Steven S. Schulman. A reprint of this article is available free from the National Network of Learning Disabled Adults (NNLDA), 818 N. 82nd Street, Suite F2, Scottsdale, AZ 85257. (602) 941-5112.

Taming the Paper Tiger, by Barbara Hemphill, Dodd, Mead & Company, Inc. (1988), provides much needed structure in paperwork management for both LD and non-LD readers. The book is available in local bookstores or libraries.

The Learning Disabilities Consortium (LDC), a federally funded postsecondary model program, has recently developed a videotape entitled **College Transition** which focuses on high school students, college transfer students, and college freshmen with learning disabilities. The videotape is available by prepaying $10 to LDC, Piedmont Community College, P.O. Box 35009, Charlotte, NC 28235. (703) 342-6621.

THEIR WORLD a magazine published by National Center on Learning Disabilities (NCLD). This is an annual publication which tells in words and photographs real life stories about ways children and adults cope with the hidden handicap of LD. **Their World** is available for $7 from NCLD, 99 Park Avenue, New York City, NY 10016. (212) 687-7211.
Time Management: Strategies for Achieving Success by Peggy A. Cvach, Ed.D., (Rhona Hartman, Editor) (December 1989) is an activity paper which guides a young person with a learning disability through the process of improving his/her life by setting goals. The paper addresses the importance of making plans to achieve those goals. The paper provides exercises to practice specific ways to organize time, such as using a calendar, making lists, and identifying time traps. **Time Management** is available free by request to Learning Disabilities Project, 7926 Jones Branch Drive, Suite 1100, McLean, VA 22102. (703) 620-3660.

Unlocking Potential: College and Other Choices for Learning Disabled People: A Step by Step Guide by Barbara Schieber and Jeannne Talpers, Adler & Adler (1987) is a comprehensive resource for considering, locating, and selecting postsecondary resources. This award winning book teaches and assists readers throughout the entire postsecondary selection process. Unlocking Potential is available for $12.95 (paperback) from Woodbine House, 5615 Fishers Lane, Rockville, MD 20852. (800) 843-7323.

Understanding Your Learning Disability, by Cheri Warner (1988) provides tips for students based on her experience as a Learning Disability Specialist. It offers definitions, characteristics, and suggestions which relate to reading, math, notetaking, testtaking, social interactions and organizational strategies. Available for $1 from Lisa Williams, Learning Disability Specialist, The Ohio State University at Newark, University Drive, Newark, OH 43055. (614) 366-9246.

Newsletters

Challenge is a newsletter focusing on Attention Deficit Disorder. Available for $15/year from Challenge, Inc., 42 Way of the River, West Newbury, MA 01985. (508) 462-0495.

CTG—Closing the Gap is a bi-monthly newsletter which provides in-depth coverage of computers and disability for basic education. Available for $21/year from CTG, Box 68, Henderson, MN 56044. (612) 248-3294.

Computer Disability News provides general information about computers and disability in education, the workplace, and independent living. Available for $10/year from the National Easter Seal Society, 70 E. Lake Street, Chicago, IL 60601. (312) 726-6200.

The Exchange is a semi-annual forum for the exchange of ideas pertinent to learning disabilities published by the Tutoring Network, a resource for locating tutors and educational therapists in the greater Boston area. Available for $20/year from The Learning Disability Network, 30 Pond Park Road, Hingham, MA 02043. (617) 982-8100.

GED Items is a bi-monthly newsletter for GED examiners and teachers. Available free from The GED Testing Service, American Council on Education, One Dupont Circle, Washington, DC 20036. (202) 939-9490.

Information from HEATH covers all disabilities (including learning disability) for any type of education or training after high school. Available free from the HEATH Resource Center, One Dupont Circle, Washington DC 20036. (On alternate media by request.) (800) 544-3284 or (202) 939-9320.

LDA Newsbriefs is a bi-monthly newsletter for parents, professionals, and LD adults. Available for $5/year from Learning Disability Association (LDA), 4156 Library Road, Pittsburgh, PA 15234. (412) 341-1515.

Learning (dis)Abilities contains a mixture of national and Pennsylvania news and resources. Available for $6/year from Learning Disabilities Consultants, P.O. Box 716, Bryn Mawr, PA 19010. (215) 525-8336.

National Network of LD Adults Newsletter is a quarterly publication focused on LD adults, incorporating news, views, and information resources. Available for $10/year (single copy free with stamped self-addressed envelope) from NNLDA, 808 N. 82nd Street, Suite F2, Scottsdale, AZ 85257. (602) 941-5112.

PIP College "HELPS" is a joint publication of Partners in Publishing and LAUNCH, the Texas LD Adult support network. Written for LD adults, parents, and service providers, it includes timely information and "first person" articles. Available for $32/year from Partners in Publishing, 1419 West First, Tulsa, OK 74127. (918) 584-5906.

Postsecondary LD Network News is published three times a year. It focuses on a variety of topics concerning college students with learning disabilities, service delivery, and the latest resources in the field. Subscriptions are $20/year for individuals, and $30/year for schools. Contact Dr. Stan Shaw, University of Connecticut, U-64, 249 Glenbrook Road, Storrs, CT 06269-2064. (202) 486-2020.

ORGANIZATIONS

Association of Educational Therapists
P.O. Box 946
Woodland Hills, CA 913365
(818) 344-4712

This national professional association works with youth and adults, blending counseling and special education skills. Request membership directory for contacting local resources.

Association on Handicapped Student Service Programs in Postsecondary Education (AHSSPPE)
P.O. Box 21192
Columbus, OH 43221
(614) 488-4972

AHSSPPE is a professional organization for educators committed to promoting full participation of individuals with disabilities in college. Although AHSSPPE is not primarily directed to learning disabled individuals, it does maintain a series of publications for sale which might be useful to professionals who teach and/or counsel individuals with learning disabilities.

Attention Deficit Disorder Association
2620 Ivy Place
Toledo, OH 436113
(508) 462-0495

The primary focus of this organization is to provide a national network for all ADD support groups and individuals.

Disability Rights Education and Defense Fund, Inc. (DREDF)
2212 6th Street
Berkeley, CA 94710
(415) 644-2555 or (415) 644-2626 (TDD)

DREDF is a legal resource center offering education, advocacy, research and policy analysis and local referrals to callers.

National Center for Learning Disabilities (formerly FCLD)
99 Park Avenue
New York, NY 10016
(212) 687-7211

NCLD publishes **Their World**. NCLD's goal is to increase awareness about learning disabilities.

Independent Living Research Utilization Program (ILRU)
P.O. Box 20095
Houston, TX 77225
(713) 666-6244 or (713) 666-0643 (TDD)

The ILRU Program is a national resource center for independent living. It produces resource materials, develops and conducts training programs on independent living issues, provides technical assistance and consultation to independent living centers, and publishes a monthly newsletter which addresses issues affecting the independent living field.

LAUNCH, INC.
Department of Special Education - ETSA
Commerce, TX 75428
(214) 886-5932

LAUNCH an organization that provides resources for learning disabled individuals, coordinates efforts of other local, state, and national LD organizations, acts as a communication channel for the learning disabled people through a monthly newsletter, and provides programs to enhance social interaction.

Learning Disability Association (LDA)
4156 Library Road
Pittsburgh, PA 15234
(412) 341-1515

LDA (formerly ACLD) provides information and referral for parents, professionals, and consumers involved with or in search of support groups and networking opportunities through local LDA Youth and Adult Section Chapters. Publication list available.

National Association for Adults with Special Learning Needs (NAASLN)
PACE
Gallaudet University
800 Florida Avenue, NE
Washington, DC 20002
(202) 651-5044

NAASLN is a national and international coalition of professionals, advocates, and consumers to provide opportunities for adults with special learning needs under the umbrella of lifelong learning primarily in non-formal settings.

National Network of Learning Disabled Adults (NNLDA)
308 N. 82nd Street, Suite F2
Scottsdale, AZ 85257
(602) 941-5112

The NNLDA provides information and referral for LD adults involved with or in search of support groups and networking opportunities. A listing of support groups for LD adults is available by request. The Network publishes a quarterly newsletter and holds an annual general assembly in conjunction with the annual meeting of the President's Committee on Employment of People with Disabilities.

National Library Service for the Blind and Physically Handicapped
1291 Taylor Street, NW
Washington, DC 20542
(202) 287-5100
(800) 424-8567 (Outside Washington, DC metro area)

This program provides current books and magazines on tape, records, and Braille for individuals whose disability prevents the use of print materials.

Orton Dyslexia Society
724 York Road
Towson, MD 21204
(301) 296-0232
(800) 222-3123

The Society is an international scientific and educational association concerned with the widespread problem of the specific language disability of developmental dyslexia. Local and state chapters may serve as literacy resources for dyslexic adults and those who teach or advise them.

Partners In Publishing (PIP)
P. O. Box 50347
Tulsa, OK 74150
(918) 584-5906

PIP has available a wide variety of materials and publications on learning disabled adults.

Recording For the Blind, Inc. (RFB)
20 Roszel Road
Princeton, NJ 08540
(609) 452-0606
(800) 221-4792

RFB makes taped textbooks available to blind, visually impaired, or learning disabled students who meet RFB eligibility guidelines. Contact RFB for application materials.

Time Out To Enjoy
P.O. Box 1084
Evanston, IL 60204

This is a non-profit group for LD adults. Its purposes are to reach out to other LD adults; to educate the public about LD adults and their needs, and to provide resources and referrals on various topics including testing, postsecondary programs, and LD specialists.

NATIONAL CLEARINGHOUSES

Center for Special Education Technology
Council for Exceptional Children
1920 Association Drive
Reston, VA 22091
(703) 620-3660
(800) 873-8255

The Center is a national resource for information about the use of technology in the education of students with disabilities. Information services emphasize trends and practices in technology use as well as resources available to technology users.

Clearinghouse of Adult Education and Literacy
Office of Vocational and Adult Education
U.S. Department of Education
400 Maryland Avenue, S.W.
Washington, DC 20202
(202) 732-2396

This clearinghouse links the adult education community with existing resources in adult education and provides information which deals with programs funded under the Adult Education Act (P.L. 100-297). There are a number of publications, fact sheets, bibliographies, directories, abstracts, etc., available related to the adult with special learning needs.

ERIC Clearinghouse on Adult, Career, and Vocational Education
1900 Kenny Road
Columbus, OH 43210-1090
(614) 292-43533
(800) 848-4815

Part of the ERIC System, this clearinghouse provides abstracts and copies of periodicals, articles, books, and other information in print to those working with individuals who are learning disabled. It does not provide direct services, but it provides much material through the ERIC database and clearinghouse publications.

HEATH Resource Center
National Clearinghouse on Postsecondary Education for Individuals with Disabilities
American Council on Education
One Dupont Circle, Suite 800
Washington, DC 20036-1193
(202) 939-9320
(800) 544-3284

See back for details

University of Pennsylvania
National Center for Adult Literacy
700 Walnut Street
Philadelphia, PA 19104-6161
(215) 898-1925

The Center strives to enhance the knowledge base on adult literacy and improve the quality of research and developments in the field. The Center is committed to understanding the role of cultural and linguistic diversity in adult literacy provisions.

BASIC/REMEDIAL EDUCATION FOR ADULTS

The Department of Education in each state can direct inquiries to local Adult Basic Education or GED preparation programs.

Adult Literacy and Technology Project
Institute for the Study of Adult Literacy
203 Rackley Building
University Park, PA 16802
(814) 863-3777

This project studies and promotes high technology learning tools such as computer aided instruction and interactive videodisc, in adult basic education. It has additional information on workplace literacy and intergenerational literacy.

General Educational Development (GED)
GED Testing Service
American Council on Education
One Dupont Circle
Washington, DC 20036
(202) 939-9490

GEDTS administers the GED Tests and provides information on disability-related adaptations/accommodations for the GED Tests to prospective examinees and instructors. Successful candidates for the GED Tests earn a high school equivalency diploma. The tests are available in audio, Braille, and large print editions. **GED Items** is a bi-monthly newsletter for examiners and adult education instructors.

Laubach Literacy Action (LLA)
P.O. Box 131
Syracuse, NY 13210
(315) 422-9121

Laubach Literacy Action is the nation's largest network of adult literacy programs providing instruction through trained volunteers. LLA affiliates in the U.S. serve more than 850 communities in 45 states.

Learning Resources Network
1554 Hayes
Manhattan, KS 66502
(913) 539-5376

This network for educators provides resources to adult education and adult basic education service providers.

Literacy Hotline Contact Center (Lincoln, Nebraska)
1-800-228-8813

A national toll-free hotline that will refer callers to the literacy program in their local area.

Literacy Volunteers of America
5795 Widewaters Parkway
Syracuse, NY 13214
(315) 445-8000

National not-for-profit organization with over 400 affiliate programs in 40 states.

POSTSECONDARY EDUCATION AND TRAINING

College Programs

Adults with learning disabilities are enrolled in a variety of postsecondary settings, ranging from community colleges to major universities. Some schools are particularly interested in serving students with learning disabilities by providing specific programs and assistance. Continuing into traditional postsecondary education after high school is one option chosen by many adults with learning disabilities. Others may select a training program which does not lead to a college degree, even though it is available at a university or community college. Adults with a diagnosed learning disability must seek a postsecondary setting which meets academic interests and is sensitive to individual learning styles. Selecting a postsecondary program should include a visit to the campus or training site and a thorough and honest discussion with the administrator who coordinates Disabled Student Services (DSS) or LD Support Services office.

Prepare for campus visits and the selection process by reading the HEATH publication **How to Choose a College—Guide for the Student with a Disability** and **Unlocking Potential: College and Others Choices for Learning Disabled People,** described earlier in this Directory. There are several commercially published guides available in public libraries, high school counseling offices, and local bookstores, which describe colleges who accept students who have a learning disability. The **Schoolsearch Guide to Colleges with Programs and Services for Students with Learning Disabilities**, by Midge Lipkin, Ph.D, covers more than 600 colleges and universities which list programs and services available to high school graduates with learning disabilities. **Schoolsearch Guide** is available for $29.95 from Schoolsearch Press, 127 Marsh Street, Belmont, MA 02178. (617) 489-5785. **Peterson's Guide to Colleges with Programs for Learning Disabled Students**, by Charles T. Mangrum II, Ed.D. and Stephen S. Strichart, Ph.D is a comprehensive guide to more than 900 two-year colleges and universities offering special services for students with dyslexia and other learning disabilities. **Peterson's Guide** is available for $19.95, plus $4.75 Shipping and handling, from Peterson's Guides, Book Ordering Department, P.O. Box 2123, Princeton, NJ 08543-2123. (800) 338-3282. Use these with caution, as information contained in them may be outdated or incomplete. Contact the school for accurate up to date information.

College Admissions Testing

Not all colleges and universities require results of standardized admissions testing. If they are required, arrangements can be made so that learning disabled students can take college admission tests under non-standard conditions such as extended time, separate test rooms, with a reader or a person to whom answers may be dictated and recorded. For complete details about special testing contact ATP Services for Handicapped Students, CN6400, Princeton, NJ 08541-6400, (609)734-5350 or The ACT Assessment "Special Testing Guide" Test Administration, P.O. Box 168, Iowa City, IA 52243. (319)337-1332.

Vocational, Trade, and Technical Programs

Association of Independent Colleges and Schools (AICS)
One Dupont Circle, Suite 350
Washington, DC 20036
(202) 659-2460

AICS is an educational association with approximately 600 members from independent, nonprofit, and taxpaying colleges/schools. All of these accredited institutions prepare people for careers in business. AICS publishes annually a **Directory of Educational Institutions** which provides general information about accredited institutions in a variety of business career fields.

Materials Development Center
Stout Vocational Rehabilitation Institute
University of Wisconsin-Stout
Menomonie, WI 54751
(715) 232-1342

The Center develops and disseminates information to professionals about vocational rehabilitation and training of students with disabilities. Materials include information on

vocational evaluation, work adjustment, job placement, and independent living.

National Association of Trade and Technical Schools (NATTS)
2251 Wisconsin Ave, NW
Washington, DC 20007
(202) 333-1021

NATTS publishes **How to Choose a Career . . . And a Career School for the Student with a Disability** which describes the process of choosing a career school, and lists how long it takes to learn any of the more than 100 job skills taught at NATTS accredited schools. NATTS also has available for prospective students **Trade and Technicial Careers and Training: A Handbook of Accredited Private Trade and Technicial Schools,** which lists over 750 schools across the country offering varied programs. Both publications are available free by request from NATTS.

National Association of Vocational Education Special Needs Personnel (NAVESNP)
Special Needs Division
American Vocational Association
2020 14th Street
Arlington, VA 22201
(703) 522-6121

NAVESNP is a national association of vocational education professionals concerned with education of handicapped, disadvantaged, and other special needs students.

National Center for Research in Vocational Education
1960 Kenny Road
Columbus, OH 43210
(614) 486-3655
(800) 848-4815 (Ohio only)

The Center provides a wide range of materials for professionals about curriculum development, technical education, career planning, and preparation for employment.

Financial Aid

Several types of financial aid are available for education and training beyond the high school level. The best way to find necessary financial aid is to contact the financial aid office at the school the student is interested in attending. The local public library has the most current editions of the many commercially available guides to student financial aid.

Many adults with learning disabilities are eligible for services through their state's Vocational Rehabilitation agency whose services may include job training services and postsecondary education. The state section of the local telephone directory lists the state rehabilitation agency, or the library's reference desk can assist you in locating the contact information.

Aside from the possibility of financial aid from the state Vocational Rehabilitation Service, there is **no special financial aid specifically for students with learning disabilities**. Potential college students and their families are urged to explore the regular channels for financial aid as described in the following materials:

Federal Student Aid Fact Sheet
U.S. Department of Education
Office of Student Financial Assistance
Washington, DC 20202
(800) 433-3243

This booklet describes the six basic federal programs for undergraduate and graduate students and their families. It is available on alternate media.

NCPGF/University of Maryland Foundation
4114 CSS Building
University of Maryland, College Park
College Park, MD 20742
(301) 405-5582

"College: The Basics" is a series of lively audio tapes which address financial aid and other key information important to students and their families about the college decision. There is a section on students with disabilities. The cost for this audiocassette series is $14.95.

Grants for Graduate Students 1989-90
Peterson's Guides
166 Bunn Drive
P.O. Box 2123
Princeton, NJ 08540-0008
(800) 338-3282,

This is an annotated listing of grant funds available for graduate students, updated bi-annually, but the kit is not focused specifically on learning disabilities or other handicaps. Available for $29.95.

Chronicle Student Aid Annual 1990-91
P.O. Box 1190
Moravia, NY 13118-1190
(800) 622-7284

This is a comprehensive listing of more than 1900 programs of financial aid for undergraduate and graduate study. Programs range from competitions with cash prizes, to loans, to tuition scholarship, to scholarships and fellowships carrying all-inclusive stipends. Programs included are sponsored by private noncollegiate organizations.

LIFE MANAGEMENT

These programs usually last from one to three years. Participants may live in a dormitory or apartment and receive daily supervision to help them learn how to live in a group and how to manage life arrangements. Being employed or enrolled in a vocational program is a part of such programs. The goals of Life Management programs are to instill a sense of responsibility and foster decision-making skills.

National Council of Independent Living Programs (NCILP)
c/o Marca Bristo, President
Access Living
815 Van Buren, Suite 525
Chicago, IL 60607
(302) 226-5900

NCILP is a professional association for member centers, disseminating information about independent living matters and relevant legislation through its membership network. A list of Independent Living Centers in each state (as of Winter 1991) is available by request.

Adult Living Internship
Center for Unique Learners
5705 Arundel Avenue
Rockville, MD 20852
(301) 231-0115

Adult Living Internship is an opportunity to make supervised transition from living at home to living in the community. Students live in three-bedroom apartments, hold a job, and develop skills to live independently. Supportive counseling is available regarding their careers and self-esteem.

Career Apprenticeship Program (CAP)
335 Oakland Road
Hyannis, MA 02601
(617) 778-1488

The Center Apprenticeship Program is sponsored by Riverview School, Inc. Independent living skills are taught in a supportive, group home environment. Residents are employed at local businesses and receive training in a variety of areas. Students may stay up to three years.

Career Development Center
Apprenticeship Program
1933 Severn Grove Road
Annapolis, MD 21401
(301) 841-6438

The Center serves a small number of young adults requiring counseling to continue their training or education. They receive assessment, training, supervised apartment living, and guidance toward taking next steps.

Center for Adaptive Learning
3350 Clayton Road, Suite A
Concord, CA 94519
(415) 827-3863

Adults 18-40 years of age learn the essentials of independent living in a program that offers residential living and training in social skills, sensory motor training, counseling, roommate peer counseling, cognitive retraining, and job placement. Students either work or attend local community college, and job coaching and tutoring are available. Apartments in the community are available, and most are clients of Vocational Rehabilitation.

Chapel Haven, Inc.
1040 Whalley Avenue
New Haven, CT 06515
(203) 397-1714

Chapel Haven offers participants a structured transitional residence designed to promote independent living skills and employment. Job samplings with local employers are utilized to link the practical and academic pre-vocational program which may lead to an independent living situation in the community, with supportive services through the Outreach Program.

Cloister Creek Educational Center, Inc.
P.O. Box 80310
1280 Highway 138 SW
Conyers, GA 30208
(404) 483-0748

Cloister Creek is a nonprofit residential school designed to meet the special education needs of young adults age 17-22 whose learning difficulties have affected their ability to function independently. In a family-style home, students work to improve basic academic, social, and independent living skills.

Creative Community Services
1720 Peachtree Road, Suite 127
Atlanta, GA 30309
(404) 872-6818

Serving young adults 20-35 years of age, this organization creates living arrangements for people with a range of learning disabilities who want to lead adult lifestyles but still need some support and assistance. CCS helps locate housing; provides a live-in counselor, if needed; helps develop a plan for each participant's future development; provides one-to-one training in necessary areas; and offers ongoing support for participants and their families.

Foundation for Independent Living
New Lifestyles, Inc.
5975 W. Sunrise Boulevard, Suite 211
Sunrise, FL 33130
(305) 733-4535

Supervised independent apartment living is provided in a community complex. Programming includes basic living skills training, job referral, and a complete schedule of social and recreation activities.

Independence Center
3640 S. Sepulveda Boulevard, #102
Los Angeles, CA 90034
(213) 202-7102

Independence Center provides a supportive program in which young adults with learning disabilities learn the skills necessary to live independently. These include job skills, apartment care, social skills, and adult decision-making. Vocational training is accomplished through apprenticeships, and/or enrollment in vocational schools or in community college programs.

M.A.C.L.D. Apartment Residence/STILE Program
(Success Through Independent Living Experiences)
1501 Park Avenue
Asbury Park, NJ 07712
(201) 774-4737

STILE is a transitional living facility sponsored by the Monmouth Country Association for Children and Adults with Learning Disabilities. It provides experiential training to residents. Daily living, social, and vocational skills are developed through intensive instruction, counseling, and job placement.

Transitional Apartment Program
18 Park Street
Lee, MA 01238
(413) 243-22576

Transitional Apartment Program is an independent living program for LD adults ages 18-30. The program offers full clinical services, vocational training, the opportunity to earn a GED or to go on to college, and a residential program. The program includes a major travel experience each year. Twelve apartments are available (singles and with roommates). Residents receive training in supervised apartments and participate in paid or voluntary job placements.

Vista Program
Captain Spencer Homestead
1356 Old Clinton Road
Westbrook, CT 06498
(203) 399-8080

Vista offers an individualized program for young adults in transition to work and

independent living. Through work experiences, individual and group counseling, seminars and coursework students develop skills and behaviors necessary for success in adulthood. Among the skills addressed are interpersonal relationships, positive self-esteem, and time management.

EMPLOYMENT

President's Committee on the Employment of People with Disabilities is a good place to begin to find publications about employment. They have pamphlets which address aspects of employment for LD adults, including **Pathways to Employment for People with Learning Disabilities** and **Employment Considerations for Learning Disabled Adults**. Both are free from the President's Committee on the Employment of People with Disabilities, 1111 20th St. NW, Suite 608, Washington, DC 20036.

Local **Vocational Rehabilitation** offices can also be resources for employment opportunities, as are programs funded under **JTPA (Job Training and Partnership Act)**. Local school counselors and reference librarians can help find the contact persons.

For Employers . . . A Look at Learning Disabilities, is a publication to help employers understand learning disabilities. The publication addresses some accommodations that are usually helpful within the workplace and some training tips. **For Employers . . .** is available by request to LDA, 4156 Library Road, Pittsburgh, PA 15234. (412) 341-1515.

Resources for Adults with Learning Disabilities, 1991, edited by Mario D. Payne, with assistance from Ann R. Davie and Rhona C. Hartman.

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About HEATH

HEATH Resource Center operates the national clearinghouse on postsecondary education for individuals with disabilities as a program of the American Council on Education. Support from the United States Department of Education enables the Center to develop publications and respond to inquiries. Single copies of HEATH publications of interest to adults with learning disabilities are listed below and are free by request to:

HEATH Resource Center
One Dupont Circle, Suite 800
Washington, DC 20036
(800)544-3284
or within the Washington, DC area
(202)939-9320
(voice/TDD on both numbers)

- **Focus on College Admissions Tests**
- **Getting Ready for College: Advising High School Students With Learning Disabilities**
- **Learning Disabled Adults in Postsecondary Education**
- **Young Adults with Learning Disabilities and Other Special Needs: Guide for Selecting Postsecondary Transition Programs**
- **How to Choose a College: Guide for the Student with a Disability** (provides college choice decision-making structure)
- **Financial Aid for Students with Disabilities**
- **HEATH Resource Directory** (an annotated listing of over 150 national organizations relevant to education after high school)
- **Vocational Rehabilitation Services—A Student Consumer's Guide**
- **HEATH Computer Memorandum**
- **Software for LD Writers**

TOLL-FREE NUMBERS

(Agencies listed in this directory)

Center for Special Education Technology Information Exchange	(800) 354-8324
ERIC Clearinghouse On Adult Career and Vocational Education	(800) 848-4815
Federal Financial Aid Hot line	(800) 433-3243
HEATH Resource Center	(800) 544-3284
Job Accommodation Network	(800) 526-7234
Orton Dysiexia Society	(800) 222-3123
National Library Services for the Blind and Physically Handicapped	(800) 424-8567
Recording For The Blind	(800) 221-4792

American Council on Education
HEATH Resource Center
One Dupont Circle
Washington, DC 20036-1193